# How to use the Coronavirus videos

The Coronavirus videos were created to help people to understand more about the coronavirus and the changes to our day to day lives.

They are written in Plain English and have both pictures and audio to make the information as easy to understand as possible.

These videos should only be used with people who you know can understand photographs and simple spoken language.

The following steps should help you to use the videos appropriately:

1. Start with the 'What is Coronavirus?' and 'Social distancing' videos.

2. Only watch one video at a time to avoid giving too much information.

3. Watch the video with the person so that you can answer any questions and support understanding further.

4. Only watch the other videos if they are needed, e.g. if a person needs to be tested or is diagnosed with Coronavirus.

5. Check that the person has understood the information.

6. Watch the videos frequently. The person might need to watch a videos a number of times, to fully understand and remember it.

7. The paper documents should also be used in the same way.


If people would like the word document so that they can edit it with photographs or information specific to your location, please email either polly.walsh@sjog.ie or christina.cannon@sjog.ie